



# After School Clubs Description

@ IPS

after school  
clubs

# ES (Grades 1 - 3) Club Description

- Limited number of students in each club.
- **May not be offered every Trimester**
- May be cancelled due to lack of student interest
- Will only meet on Mondays.

**CLUBS WITH FEE** will only be registered upon receiving the fee. Fees not paid on time may result in the student being dropped from the club. Fees are indicated next to the description in red.

## ***Arabic Book Club (story reading):***

Practice reading Arabic books

## ***Arabic Calligraphy:***

Artistic Arabic writing **(SR50 fee)**

## ***Arts Attack:***

Be a crafty kid! **(SR50 fee)**

- ***Origami:*** Japanese word for paper folding. Traditional Japanese art or technique of folding paper into a variety of decorative or representational forms, as of animals or flowers. **(SR50 fee)**
- ***DIY*** (Do It Yourself): getting tools to young hands to develop creative skills on how to make something useful. **(SR50 fee)**
- ***Drawing:*** master the basics in drawing, little hands will learn to use basic shapes to create pictures. **(SR50 fee)**
- ***Mural Painting:*** drawing & painting techniques **(SR50 fee)**
- ***Painting & Crafting:*** **(SR50 fee)**
- ***Paper Plate Crafts:*** **(SR50 fee)**

## ***Baking 101:***

Learn the art of baking, simple and healthy recipes. **(SR50 fee)**

## ***Board Games:***

Learn ways to play classic and modern board games **(SR50 fee)**

- ***Katamino:***  
A puzzle game with both 2D and 3D challenges of progressive difficulty, and a strategic game challenge for two players each game board. **(SR50 fee)**

### ***Book Club:***

Will focus on reading, reading comprehension, book selection and creating books **(SR50 fee)**

### ***Chromo therapy / Color Therapy:***

Use coloring as a therapy, aimed to create balance and health physically and mentally. **(SR50 fee)**

- **Stay Calm & Color On!**

### ***Engineering Challenges for Kids:***

Brings Science, Technology, Engineering and Math together **(SR50 fee)**

### ***Fitness Fun:***

Exercise your body, heart and mind.

- **Jump Jam:** step by step fitness dance
- **Jump Rope:** fun ways to play with Jump Ropes
- **Kids' Mindfulness (fitness):** introduction to Yoga, Relaxation & Meditation
- **Zumba Kids:** fun dance fitness for kids (must run with a licensed Zumba Kids Instructor)
- **Body Challenge:** Beginning Circuit Training for kids. **(SR50 fee)**

### ***Healthy Snack Attack:***

Be a smart snacker! Kids make healthy snacks in a fun & artistic way **(SR50 fee)**

### ***Jewelry Making:***

Handmade jewelry using different materials **(SR50 fee)**

### ***Lego (Minecraft) Building:***

Creating figures using Lego blocks

### ***\*Mawhiba: (grade 3 only)***

This club will help student applying for Mawhiba Assessment.

### ***Meccano Makers (Mechanics):***

Basic mechanics, building and moving objects

### ***Newcomb Ball:***

A ball game played outdoor as a variation of volleyball

### ***Rhythm & Rhyme:***

The concept of 'rhythm and rhyme' refers to a pattern of rhymes that is created by using words that produce the same, or similar sounds. Rhythm and rhyme together refer to the recurrence of similar sounds in prose and poetry, creating a musical, gentle effect. **(SR50 fee)**

### ***Snapchat (Photography & writing):***

Capture pictures adding captions documented in a portfolio **(SR50 fee)**

### ***Science Experiments:***

Hands-on activities, and real world discussions make learning about science fun for kids! **(SR50 fee)**

### ***Smashbook:***

Similar to scrapbooking, turn blank pages of a book into a fun creative personal notebook. Includes cutting, drawing or even filing personal pictures in. **(SR50 fee)**

### ***Stories from the Holy Qur'an:***

Led by Islamic teachers.

### ***Street Games:***

Famous common games played outside, adopted from different countries (Chinese garter, hopscotch, hula hoop, tag, limbo, jackstones, sack race...)

### ***Theatre Arts:***

Be part of a mini Broadway!

- ***Puppet Theatrics:*** create a simple (free standing paper or box type) puppet theater and paper hand and stick puppets. The goal of this club is to express creativity in both project construction, expressive language, and self-confidence. **(SR50 fee)**

### ***Taekwondo:***

Introduction to basic Taekwondo (must run with a licensed Taekwondo Instructor)

### ***World Culture:***

All about cultural food, cultural activities, cultural dress, and many more about different cultures. **(SR50 fee)**

# Middle/High School (MS/HS) Grade 4 - 12 Clubs

- May be limited by grade level.
- Example: MUN may be grades 10-12, cooking may be 4-6.
- May not be offered every Trimester
- Clubs may be cancelled due to lack of student interest.
- Day of club may vary depending on the Trimester.
- Offered Sunday, Monday, and Wednesday.
- Please check to be sure your child is in the right club.
- Offered to boys, girls, and/or mixed.
- Club days are Sunday, Monday & Wednesday.
- **Yes, students may sign up for more than 1 club (total of 3 per week)**

## **Arabic Calligraphy:**

The club will give the students chance to discover the beauty of the Arabic Calligraphy and it's Art through recognizing new types of Arabic scripts. This club will focus on learning how to write Naskh script in professional way.

Tools:

- I. professional calligraphy pen (0.1)
- II. Papers A4

## **Arabic Story Reading - التعريف:**

نادي قراءة القصة العربية ، يهتم النادي بالقراءة اللامنهجية للكتب العربية في جميع المجالات والفنون ويؤدي مهمة نشر ثقافة قراءة الكتب.

Arabic Story Reading, a club is interested in extracurricular reading of Arabic books in all fields and arts and carries the task of spreading the culture of reading books.

**رؤيتنا:**

مجتمع طلابي قارئ وواعي .

## **Vision:**

A student community educated and knowledgeable reader.

**أهدافنا:**

1. تشجيع القراءة
2. جعل القراءة تجربة اجتماعية كما هي نشاط فردي
3. تطوير التعبير الكتابي عن الأفكار والمشاعر
4. تشجيع التفكير النقدي
5. تطوير التصورات وتوسيع آفاق الفكر
6. تطوير الشعور بالانتماء إلى مجموعة
7. استخدام الوقت للتفكير والمشاركة والاستكشاف

## Our Goals:

1. Encourage reading
2. Make reading a social experience as well as individual activity
3. Develop the written expression of thoughts and feelings
4. Encourage critical thinking
5. Development of perceptions and broadening the horizons of thought
6. Develop a sense of belonging to a group
7. Use time to think, share and explore

### آلية العمل :

يطلب من كل عضو اقتراح كتابين ثم يتم التصويت على كتاب . وينبغي أن تغطي الأجنحة قائمة الأسئلة التالية وينبغي لكل عضو أن يجيب عنها:

1. لماذا ترغب في الانضمام إلى نادٍ للقراءة وما الذي تتوقعه منه؟
2. ما هي أنواع الكتب التي ترغب في قراءتها؟
3. كيف سنختار الكتب التي ننوي مطالعتها؟
4. من الذي سوف يتابع سجلات ما قرأناه وكيف سيقوم بذلك؟
5. تابة ملخص تساعد كل أفراد المجموعة على التمرن على الكتابة والتعبير عما فهموه من الكتاب وترجمة أفكارهم على شكل نقاط محددة.

## Mechanism of Action:

Each member is asked to propose two books and then a vote is taken on a book. The agenda should cover the following list of questions and should be answered by each member:

1. Why would you like to join a reading club and what do you expect from it?
2. What kinds of books do you want to read?
3. How will we choose the books we intend to read?
4. Who will keep track of what we read and how will we do it?
5. Write a summary that helps all members of the group to practice writing and express what they understand from the book and the translation of their ideas on specific points.

## Art

DIY projects, drawing/sketching, etc. as determined by the hosting teacher.

## Chess/Board Games

Learn and play popular board games in this casual, after-school club. Members will learn an array of games including Monopoly and Chess. This club will help students to grow as thinkers, risk-takers, and learners.

## Cooking

The purpose of the Cooking Club is to provide an environment for students to socialize, be creative, learn cooking skills, and have fun. Cooking Club students prepare food and enjoy eating the results.

The students will learn how to prepare a variety of dishes, use utensils, measure ingredients, understand recipes, practice safe cooking methods, and explore what foods/recipes promote healthy living. **(50 SAR**

**fee)**

## ***Computer Club***

### ***World Culture***

All about cultural food, cultural activities, cultural dress, and many more about different cultures.

**(SR50 fee)**

### ***Debate***

Club Description and Objectives:

In our sessions we will meet on Wednesdays to develop the following objectives:

1- Watch, analyze, and practice different types of public and interactive public speaking forms, such as debate, speeches, strategic interaction, Ted Talks, poetry reading, acting, and other forms depending on members' needs and likes.

2- Build self-confidence and fight stage fright,

3- Develop communication and leadership skills.

All the topics addressed will be current issues and of agreed upon choices.

### ***Drama***

Dram Club is an expressive way to communicate stories. Students who interact in drama tend to become better writers and more knowledgeable readers. Using imagination, dreams and discovery, young artists of drama take on the challenge of preconceived and existing ideas and structure. Plays most often reflect on values and beliefs that positively impact both the actor and the audience. Drama is a dynamic practice that introduces students to a world of wonder and play.

In drama a student can expect to:

- Practice but not be expected to memorize, the lines of their chosen character.
- Costumes are most often made by the teacher in charge – Ms. Shelley, but kids may when they want, work on costumes or props.
- Plays are chosen to meet the number of those who sign up; everyone will have a speaking part.
- The plan ultimately, is to perform the play for small groups of students here at school, but we do not have to – to be decided by all who participate.
- If you have never acted before but want to give it a chance, come join us. If you just want to improve your speaking in front of a small group, come join us.

### ***Electronics***

### ***Fitness***

### ***French Club***

Students will learn about, France culture (food, monuments, traditions, etc.), the Alphabet, Numbers, colors, Basic French: Greetings, Introducing oneself, etc., Days of the week/Months of the year/ Seasons, Vocabulary related to school, Telling the time, Express likes and dislikes about sports activities, Conversation at the café/restaurant, Expressing likes, dislikes, and preferences about things. (i.e Tu aimes les hamburgers? Do you like hamburgers? , etc.)

## **Fun Sports - CAS Project by 11th grade girls**

11th grade IB students are offering an opportunity to participate in training for several different sports in one club session!

### ***German***

The purpose of the IPS German Club is to give students an introduction to the German language and to provide them with enough vocabulary that they could successfully travel in Germany and perform basic daily tasks. Our topics will include greeting people, reading and ordering in a restaurant, reading signs and asking common questions in train stations, airports, banks and other common public places. Some basic grammar will also be taught to give students a framework from which to apply what they will learn and to allow them to expand their knowledge and vocabulary in the future. The IPS German Club is NOT meant to be a sufficient preparation for students to study at a German university. For this, students should consult their counselor or the club organizers for further information.

### ***Get Google Geeky:***

In this club, Students will be empowered with all the digital skills and Google apps to be more effective and efficient during their school lives.

### ***Holy Quran Memorizing:***

Develop the conservation skills, Training the students to participate in the contest The IPS Award for Holy Quran Memorizing, to encourage the students to instill good morals such as honesty and truthfulness.

### ***Stories from the Holy Quran:***

Develop the reading Quran skills, Encourage students to the spirit of love and interdependency and respect for everyone, to encourage the students to instill good morals such as honesty and truthfulness.

### ***Martial Arts***

## Mural Painting CAS project by 11th grade girls (fee TBD)

11th IB students are offering an opportunity paint murals to display at IPS.

### ***Meeting with people from all around the world (KSA)***

Travel virtually around the world and meet real people from various countries to talk about many topics that are related. This club will expand knowledge in an exciting way.

### ***Photography***

#### ***Girls:***

This club is intended to promote creativity of middle/high school students through photography. It will give students a chance to share their ideas, thoughts, feelings and an opportunity to be innovative. Students will be introduced to thematic challenges (nature, food...) or technical challenges ("black and white"...), etc. They will create a collage for each theme and share it with their peers.

#### ***Boys:***

The photography club is geared towards helping students to learn some photographic techniques to help them take more interesting pictures and to let them explore their creativity. Students will share pictures focused on different techniques, themes, or challenges with each other and give feedback. Any camera will work - just make sure you have enough memory to take pictures.

### ***Public Speaking***

#### ***Rhythm and Rhyme:***

The concept of 'rhythm and rhyme' refers to a pattern of rhymes that is created by using words that produce the same, or similar sounds. Rhythm and rhyme together refer to the recurrence of similar sounds in prose and poetry, creating a musical, gentle effect. In this club, we will practice and perform different poems and create the rhythms used to accompany them.

#### ***Science:***

Students will be introduced to laboratory safety rules and regulations. This club is designated to engage students and expose them into a variety of science experiments. In addition to understand and communicate results in order to ensure that the students take part in each concept. Students will develop science skills by using everyday material and basic science experiments. The club

will include inquiry centered lessons that involve students with hands on experiments that capture students' curiosity and teach them vital science topics along with critical skills. Science experiments help pupils in observation, identification of properties and experimentation involving life. Science Experiments include: Walking water, Acid and base, Balloon inflator, Rainbow in a tube, slim formation, and Invisible ink

### ***Sewing***

The sewing club is where girls who are interested in making things with fabric, needle, and thread can meet and create items that are creative, decorative, or useful. You don't need any previous experience to join. Each member of the club receives her own sewing kit to keep. Everything we make is made by hand, and you will learn a variety of stitches. The first projects are quick and simple, and then we move on to more complex items. Join us for enjoyable afternoons of stitching and chatting together. Fee: 50 SAR for materials **(50 SAR fee)**.

### ***4-8 Soccer Club***

Football club is aim to:

Give students an opportunity to develop their football skills and practicing various kicking, passing, and shooting techniques. Prepare players for tournaments inside our school or outside. Teamwork building, applying PYP learners attitude such as cooperation, commitment, tolerance... extra.

### ***Spanish Club***

Course Description:

This introductory course is designed for students with little or no previous study of Spanish. Spanish level 1 will provide the student with a general introduction to the Spanish language:

Sound system, pronunciation, functional vocabulary related to everyday life, as well as cultural information and basic grammatical structures. The main objective to the course is to give the student the ability to carry on a simple conversation, as well as a basic understanding of the Spanish culture.

### ***STEM***

For students with an interest in working on inquiry-based Science, Technology, Engineering and Math related activities. Our mission is to be engaged in project based learning in order to provoke intellectual capabilities and curiosities and explore aspects of STEM (science experiments, math's puzzles, engineering, chemistry, astronomy... anything that falls within STEM subjects!)

## ***Table Tennis***

The club will differentiate between beginners and advanced players of the game. Students will be updated with the new rules of the game and will be educated about international players and tournaments. They will also practice and participate in tournaments of different levels. A final tournament will be held between the club members and players from outside the club.

## ***Tennis***

Etiquette / Integrity / Cooperation / Team Building / Individual Success, 10 Minute warm up / Loosen the Body, Line Drills, Student vs The Wall Drills, Rules of Tennis  
Combination of Individual Drills (Forehand, Backhand, and Posture, Moving the Feet) & Group drills Introduction and implementation of singles and doubles tennis. End of the Club Tournament (Singles and Doubles Competition)

## ***Ultimate Frisbee***

Ultimate Frisbee Club are designed to provide a progression in the skills used in playing Ultimate Frisbee (also called Ultimate). This is achieved by immersing participants in games and identifying additions that can be made to individual and team skills. Participants will be put in situations that facilitate competitive play while still placing full responsibility for adhering to and enforcing the rules with the participants themselves. Ultimate Frisbee Club duration will be for 8 actual training days, every lesson will be divided into three parts; warming up, introducing the targeted skill, and playing an Ultimate Frisbee game. Ultimate Frisbee Club lessons are:

- Lesson 1 – Introduction,
- Lesson 2 – Throwing to a moving target
- Lesson 3 – Forehand throw
- Lesson 4 – Throwing on either side
- Lesson 5 – Cutting (attacking)
- Lesson 6 – Clearing (making space)
- Lesson 7 – Defending
- Lesson 8 – Competition day.

## ***University Prep***

University Prep is designed to help students focus on getting themselves prepared for university applications. The Common Application will be introduced as a tool to help students record their achievements as well as school and community involvements. Deadlines for counselor, teacher, and university requirements will be emphasized. The goal of the University Preparation Club is to start critical conversations about goal settings and college choices. Students will leave every meeting and continue those critical conversations with parents. Members of the University Prep club will create visual representations of their college and life goals. They will learn how to describe their strengths, weaknesses and aspirations. Students should bring their devices to club each day.

## **Urdu**

The Urdu Club seeks to promote the Urdu language among the students at IPS. Through student-led presentations, games, poetry readings, and movie events, students are able to pursue their interest in the diverse cultures and traditions of India and Pakistan. Everyone is welcome!

## **Viewpoint Expression in Arabic**

التعبير عن الرأي مهارة لا يجيدها البعض وهي ضرورية في حالة خوض نقاش لأن التعبير عن الرأي يجب أن يكون حضاريا ، وهي من الأمور الهامة التي تعبر عن شخصية المتحدث وتجعل له مكانة متميزة ، وصياغة الرأي ليست عملية سهلة كذلك ليست هي عملية ليست صعبة، لذا سوف يتدرب المشاركون على مهارة التعبير عن الرأي في المواقف المختلفة وخصوصا النقاش .

The expression of opinion is a skill that some people do not know and it is necessary in the case of a debate, because the expression of opinion must be civilized. It is important that the speaker's personality is distinguished, and the skills of expressions of opinions for the speaker is not an easy one. So the participants will practice to know skill of expressing opinions in different situations, especially the discussion.

## **Yoga**

Yoga is a practice and philosophy that teaches us that happiness is our natural state. When the body and the mind are out of balance, we do not feel happiness.

Come create this space of happiness to find the calm in our lives through the art of meditation and enhance flexibility through our bodies.

## **Sport Clubs**

Sports clubs are being offered separately to boys and girls in 2018.

1. Badminton
2. Basketball
3. Cricket
4. Cross Country
5. Kickball
6. Soccer
7. Table Tennis
8. Tennis
9. Volleyball

## Year Round Mixed Clubs

1. **Junior Model United Nations (JMUN)** - Grades 6-8.

JMUN students will: (1) explore the mission, structure and function of the United Nations; (2) learn how to write, amend and defend a policy resolution; (3) apply their research and critical thinking skills to specific global issues; (4) understand the role of diplomacy and deliberation in international affairs; and (5) develop skills in conflict resolution, problem solving and cross-cultural communication.

2. **Model United Nations (MUN)** Grades 9-12 - students participate in MUN conferences locally and internationally.
3. **Yearbook (grades 7 -12)** - work together to create IPS' yearbook.
4. **Film (grades 6-12)** we are looking for students who are motivated to inform, involve, and inspire our IPS Community through interviewing, writing scripts, filming and editing a variety of films. You will be involved in behind the scenes and on camera. Knowledge and skills related to video editing tools is a benefit.
5. **Girls IPS Choir** (grades 4-12)
6. **Spanish Club** Course Description: This introductory course is designed for students with little or no previous study of Spanish. Spanish level 1 will provide the student with a general introduction to the Spanish language: Sound system, pronunciation, functional vocabulary related to everyday life, as well as cultural information and basic grammatical structures. The main objective to the course is to give the student the ability to carry on a simple conversation, as well as a basic understanding of the Spanish culture.